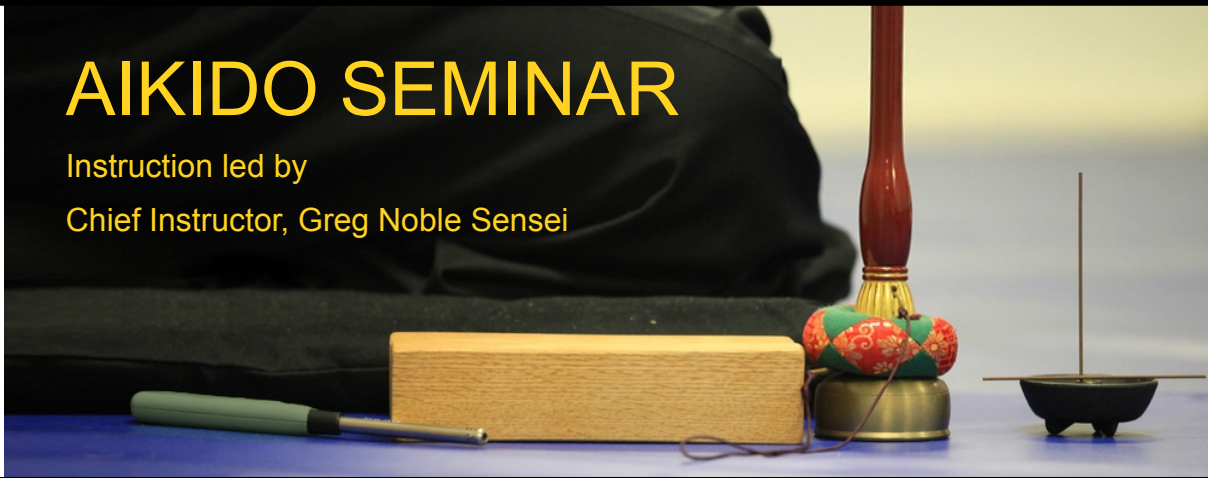




ZEN
SHIN
KAI
AIKIDO
ASSOCIATION

AIKIDO SEMINAR

Instruction led by
Chief Instructor, Greg Noble Sensei



About the Chief Instructor:

Greg Noble Sensei began his martial arts training at the early age of fifteen years. He is ranked Godan Aikikai. The former chairperson for both the AWA technical committee and the AWA national testing committee he is now the Chief Instructor of Zenshinkai Aikido Association. Noble Sensei also has dan ranking in Muso Jikiden Eishin-ryu Iaido and Shindo Muso-ryu Jodo, as well as long-term formal training in Zen.

About The Hosting Dojo:

The word "yanagi" means 'willow' in Japanese. The willow is a common icon in Japanese culture; from stories and legends to paintings and poetry. We have adopted the name "Yanagi Aikido Dojo" as a constant reminder of the aim of our training: Grounded, harmonious, sheltering, and graceful.



Location and Schedule:

March 2 - 4, 2012

Hosted by: [Yanagi Dojo](#)
[16 Commerce Street](#)
Norwalk, CT 06851
phone: 203-216-4877

Lodging Suggestions:

[The Marriott, Norwalk, CT](#) (203) 849-9111
[Clarion/Doubletree, Norwalk, CT](#) (203) 853-3477
[Norwalk Inn, Norwalk, CT](#) (800) 303-0808

Please bring a jo, bokken, and zabuton/zafu if you own one.
Please see next page for registration info.

Friday, March 2	5:15pm-6:00pm 6:00pm-9:00pm	Registration** Aikido
Saturday, March 3	9:00am-10:00am 10:00am-1:00pm 3:00pm-6:00pm 7:00pm	Zazen* Aikido Aikido Group Dinner
Sunday, March 4	8:30am-9:30am 9:30am-12:30am	Zazen* Aikido

**Registration closes during class. You must register to train.

*Zazen is optional but highly recommended.

